



Tennis Club of Albuquerque

June 2015

2901 Indian School Rd NE

Albuquerque, NM 87106

505-262-1691

club@tca-tennis.net

www.tca-tennis.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>31 Yoga 8:30am to 10am Adult Drop In Tennis 11am to 1pm</p>	<p>Clubhouse Closed 1 Spin Class 12pm-1pm Adult Lap Swim 11am to 12pm Abs & Core Fitness 5:45p</p>	<p>2 Abs & Core Fitness 12pm Swim Lessons~week 2 of Session 1 Summer Tennis Camp Session 2 9.OX 40+ 6pm</p>	<p>Spin Class 12pm-1pm 3 Swim Lessons Week 2 Summer Tennis Camp Session 2 Adult League ends... Senior Round Robin 4pm Yoga 6:30pm to 8pm</p>	<p>4 Abs & Core Fitness 12pm Swim Lessons Week 2 Summer Tennis Camp Session 2 Yoga 6pm-7:30pm</p>	<p>Pilates 9:30a-10:30a 5 Spin Class 12pm-1pm Swim Lessons Week 2 Summer Tennis Camp Session 2 JTT 12 & Under 5pm Abs & Core Fitness 5:45p</p>	<p>6 Pilates 8:30a to 9:30am Yoga 10am to 11:30am Adult Beginner Clinic 10a Adult Drop In Tennis 11am to 1pm Adult League Playoffs-JC</p>
<p>7 Yoga 8:30am to 10am Adult Drop In Tennis 11am to 1pm Adult League Playoffs-JC 7.OX 40+ 1pm</p>	<p>Clubhouse Closed 8 Spin Class 12pm-1pm No Lap Swim/ TCA Swim Meet 8am Abs & Core Fitness 5:45p 8.OX 40+ 6pm</p>	<p>9 Abs & Core Fitness 12pm Swim Lessons Session 2 Summer Tennis Camp Session 3 9.OX 40+ 6pm</p>	<p>10 Spin Class 12pm-1pm Swim Lessons Session 2 Summer Tennis Camp Session 3 Yoga 6:30pm to 8pm</p>	<p>11 Abs & Core Fitness 12pm Swim Lessons Session 2 Summer Tennis Camp Session 3 Yoga 6pm-7:30pm</p>	<p>Pilates 9:30a-10:30a 12 Swim Lessons Session 2 Summer Tennis Camp Session 3 JTT 12 & Under 5pm Abs & Core Fitness 5:45p</p>	<p>13 Pilates 8:30am to 9:30am Yoga 10am to 11:30am Adult Beginner Clinic 10a Adult Drop In Tennis 11am to 1pm</p>
<p>14 Yoga 8:30am to 10am Adult Camp of the Month 8am to 12pm -Pending Adult Drop In Tennis 11am to 1pm</p>	<p>Clubhouse Closed 15 Spin Class 12pm-1pm No Lap Swim/ TCA Swim Meet 8am Abs & Core Fitness 5:45p</p>	<p>16 Abs & Core Fitness 12pm Swim Lessons Session 2- week 2 Summer Tennis Camp Session 4 7.OX 40+ 6pm</p>	<p>Spin Class 12pm-1pm 17 Swim Lessons Session 2- week 2 Summer Tennis Camp Session 4 Yoga 6:30pm to 8pm 8.OX 40+ 6pm</p>	<p>18 Abs & Core Fitness 12pm Swim Lessons Session 2- week 2/Summer Tennis Camp Session 4 Yoga 6pm-7:30pm 9.OX 40+ 6pm</p>	<p>Pilates 9:30a-10:30a 19 Spin Class 12pm-1pm Swim Lessons Session 2- week 2/Summer Tennis Camp Session 4/JTT 12 & Under 5pm/Mix It Up 6p Abs & Core Fitness 5:45p</p>	<p>20 Pilates 8:30am to 9:30am Yoga 10am to 11:30am Adult Beginner Clinic 10a Adult Drop In Tennis 11am to 1pm</p>
<p>21 Yoga 8:30am to 10am Adult Drop In Tennis 11am to 1pm</p>	<p>Clubhouse Closed 22 Spin Class 12pm-1pm No Lap Swim/ TCA Swim Meet 8am Abs & Core Fitness 5:45p</p>	<p>23 Abs & Core Fitness 12pm Swim Lessons Session 3 Summer Tennis Camp Session 5</p>	<p>Spin Class 12pm-1pm 24 Swim Lessons Session 3 Summer Tennis Camp Session 5 WTT Draft Party! Yoga 6:30pm to 8pm</p>	<p>25 Abs & Core Fitness 12pm Swim Lessons Session 3 Summer Tennis Camp Session 5 Yoga 6pm-7:30pm 7.OX 40+ 6pm</p>	<p>Pilates 9:30a-10:30a 26 Spin Class 12pm-1pm Swim Lessons Session 3 Summer Tennis Camp Session 5 JTT 12 & Under 5pm Abs & Core Fitness 5:45p</p>	<p>27 Pilates 8:30am to 9:30am Yoga 10am to 11:30am Adult Beginner Clinic 10a Adult Drop In Tennis 11am to 1pm</p>
<p>28 Yoga 8:30am to 10am Adult Drop In Tennis 11am to 1pm</p>	<p>Clubhouse Closed 29 Spin Class 12pm to 1pm Adult Lap Swim 11am to 12pm Abs & Core Fitness 5:45p</p>	<p>30 Abs & Core Fitness 12pm Swim Lessons Session 3- week 2/Summer Tennis Camp Session 6 7.OX 40+ 6pm</p>				