

Tennis Club of Albuquerque

June 2015

2901 Indian School Rd NE Albuquerque, NM 87106 505-262-1691 club@tca-tennis.net www.tca-tennis.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	Clubhouse Closed 1	2	Spin Class 12pm-1pm 3	4	Pilates 9:30a-10:30a 5	6
Yoga 8:30am to 10am	Spin Class 12pm-1pm	Abs & Core Fitness 12pm	Swim Lessons Week 2	Abs & Core Fitness 12pm	Spin Class 12pm-1pm	Pilates 8:30a to 9:30am
Adult Drop In Tennis	Adult Lap Swim 11am to	Swim Lessons~week 2 of	Summer Tennis Camp	Swim Lessons Week 2	Swim Lessons Week 2	Yoga 10am to 11:30am
11am to 1pm	12pm	Session 1	Session 2	Summer Tennis Camp	Summer Tennis Camp	Adult Beginner Clinic 10a
		Summer Tennis Camp	Adult League ends	Session 2	Session 2	Adult Drop In Tennis
	Ab a 8 Como Citurada E. 4En	Session 2	Senior Round Robin 4pm	V (7.20	JTT 12 & Under 5pm	11am to 1pm
	Abs & Core Fitness 5:45p	9.0X 40+ 6pm	Yoga 6:30pm to 8pm	yoga opm-7:30pm	Abs & Core Fitness 5:45p	Adult League Playotts-JC
7	Clubhouse Closed 8	9	10	11	Pilates 9:30a-10:30a 12	13
Yoga 8:30am to 10am	Spin Class 12pm-1pm	Abs & Core Fitness 12pm	Spin Class 12pm-1pm	Abs & Core Fitness 12pm		Pilates 8:30am to 9:30am
Adult Drop In Tennis	No Lap Swim/	Swim Lessons Session 2	Swim Lessons Session 2	Swim Lessons Session 2	Summer Tennis Camp	Yoga 10am to 11:30am
11am to 1pm	TCA Swim Meet 8am	Summer Tennis Camp	Summer Tennis Camp	Summer Tennis Camp	Session 3	Adult Beginner Clinic 10a
N. I.		Session 3	Session 3	Session 3	JTT 12 & Under 5pm	Adult Drop In Tennis
Adult League Playoffs-JC	· ·	0.07/40 (V (.20 0	V 7.20	Abe & Cone Fitness 5:45n	11am to 1pm
7.0X 40+ 1pm	8.0X 40+ 6pm	9.0X 40+ 6pm	Yoga 6:30pm to 8pm	yoga opm-7:30pm	Abs & Core Fitness 5:45p	
14	Clubhouse Closed 15	16	Spin Class 12pm-1pm 17	18	Pilates 9:30a-10:30a 19	20
Yoga 8:30am to 10am	Spin Class 12pm-1pm	Abs & Core Fitness 12pm	Swim Lessons Session 2-	Abs & Core Fitness 12pm		Pilates 8:30am to 9:30am
Adult Camp of the Month	No Lap Swim/	Swim Lessons Session 2-	week 2	Swim Lessons Session 2-	Swim Lessons Session 2-	Yoga 10am to 11:30am
8am to 12pm -Pending	TCA Swim Meet 8am	week 2	Summer Tennis Camp Session 4	week 2/Summer Tennis	week 2/Summer Tennis	Adult Beginner Clinic 10a
Adult Drop In Tennis	41 4 6 50 545	Summer Tennis Camp	Yoga 6:30pm to 8pm	Camp Session 4	Camp Session 4/JTT 12	Adult Drop In Tennis
11am to 1pm	Abs & Core Fitness 5:45p	Session 4 7.0X 40+ 6pm	8.0X 40+ 6pm		& Under 5pm/Mix It Up 6p Abs & Core Fitness 5:45p	11am to 1pm
			•		Abs a core riness 5:45p	
21	Clubhouse Closed 22	23	24	25	Pilates 9:30a-10:30a 26	27
Yoga 8:30am to 10am	Spin Class 12pm-1pm	Abs & Core Fitness 12pm	Spin Class 12pm-1pm	Abs & Core Fitness 12pm		Pilates 8:30am to 9:30am
Adult Drop In Tennis	No Lap Swim/	Swim Lessons Session 3	Swim Lessons Session 3	Swim Lessons Session 3	Swim Lessons Session 3	Yoga 10am to 11:30am
11am to 1pm	TCA Swim Meet 8am	Summer Tennis Camp	Summer Tennis Camp	Summer Tennis Camp	Summer Tennis Camp	Adult Beginner Clinic 10a
	Ab a 8 Como Citurada E. 4En	Session 5	Session 5	Session 5	Session 5	Adult Drop In Tennis
	Abs & Core Fitness 5:45p		WTT Draft Party! Yoga 6:30pm to 8pm	Yoga 6pm-7:30pm	JTT 12 & Under 5pm Abs & Core Fitness 5:45p	11am to 1pm
			70ga 0.30pm 10 opm	7.07 40+ opin	ADS & COLE TIMESS 2:42p	
28	Clubhouse Closed 29	30				
Yoga 8:30am to 10am	Spin Class 12pm to 1pm	Abs & Core Fitness 12pm				
Adult Drop In Tennis	Adult Lap Swim 11am	Swim Lessons Session 3-				
11am to 1pm	to 12pm	week 2/Summer Tennis				
		Camp Session 6				
	Abs & Core Fitness 5:45p	7.0X 40+ 6pm				
		7.0A 40+ opm				